



MUSIC
THERAPY
4 SUCCESS

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WHAT YOU WILL LEARN?

COMMUNICATION SKILLS

EMOTIONAL SKILLS

BEHAVIOUR SKILLS

SOCIAL SKILLS



When music has the ability and power to reach the real self - to find our identity, we then can choose to walk a new path built on strong foundations.

Let's focus on that!



COMMUNICATION SKILLS

by Professor Peggy Farlow

- to improve expressive language (i.e., ability to communicate thoughts/feelings)
- to improve receptive language (i.e., ability to understand)
- to improve speech and verbal communication
- to promote effective use of non-verbal communication



BEHAVIOURAL SKILLS

by Professor Peggy Farlow

- to encourage ability to imitate
- to improve ability to comprehend written language
- to improve ability to count and associate numbers with concepts
- to improve ability to discriminate colors
- to promote reality orientation
- to improve memory skills
- to increase on-task behavior
- to improve ability to follow directions
- to increase participation
- to decrease interfering behaviors
- to promote ability to complete activities of daily living



EMOTIONAL SKILLS

by Professor Peggy Farlow

- to increase verbal/non-verbal expression of feelings
- to improve self-esteem
- to improve impulse control
- to increase attention span
- to develop coping skills
- to decrease stress and anxiety
- to facilitate the grieving process
- to teach relaxation techniques
- to facilitate exploration of spiritual concerns



SOCIAL SKILLS

by Professor Peggy Farlow

- to improve social interaction with others
- to improve appropriate eye contact
- to increase ability to touch others appropriately
- to increase willingness to be touched by others
- to increase ability to share materials and equipment with others
- to improve ability to accept constructive criticism from others
- to improve ability to make choices and initiate responses
- to improve ability to accept praise and give praise to others
- to decrease isolation
- to improve ability to participate in appropriate play activities
- to improve interpersonal skills
- to build relationships



BEHAVIOURAL SKILLS

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Dave Steele can be defined in many ways due to the way he has lived. I believe a person can be defined by their traits and with Dave - I believe it is his work ethic - the way he thinks, feels and his attention to detail. Multi skilled, multi talented and the guy who has your back - Dave is the kind of guy you want in your 'dream team!'

Dave worked for twenty one years protecting Australia in a Government role. Post Traumatic Stress Disorder; Battle Fatigue syndrome; anxiety; depression and - a marriage breakdown became the result from his experiences in the police force - but Dave will never be defined by that.

Dave has had multiple operations - nearly losing his right leg, this would be enough for someone to just quit life but not Dave.

March 25th 2022, Dave started a new chapter by enrolling in an outpatient adult trauma 16 week course. The course guided patients to self-evaluate and it was also on this day that Foo Fighters drummer Taylor Hawkins died. This hit Dave hard. Dave has seen the band around the world about 20 times and he grieved terribly. It also woke him up!

The deep roots of music for Dave comes from his Great great grandfather William Henry Styles member of the Royal Fusiliers. Being a member of the Queens own - who was Queen Victoria's personal Royal Scots Guard and music arranger. Just before WWI William, his wife and seven children came to Australia and William became Dame Nellie Melba's music composer.

Growing up with music from age 5 with piano gave Dave the heart beat he needed to create Music Therapy 4 Success - especially after he felt the effects from acoustic drumming to help reconnect the nerve pathways with his right leg. The drumming allowed right leg movement, coordination - and he felt a sense of satisfaction, he felt relief and now a purpose. It all fell into place.

Dave connected with Psychiatrist Professor Zach Steel (no relation), Music Therapist Benjamin Weblin together over a 12 month period - they have developed and received approval.

